

Sample of Topics
Planning Premarital Counseling Sessions and Topics Template

The first session will take 2½ hours. This includes ½ hour consultation on the future sessions and learning goals and 2.5 hours to complete the Pre-marital Questionnaires. Regular sessions are 90 minutes. The topics will vary but will include:

- Homework assignments and outside readings that are the centerpiece of this experience
- Readings, audio and videotapes, questionnaires, inventories and action plans will be used.
- A vision and mission statement(s) as well as a financial plan are key components.
- Mentors (a Christian, seasoned couple) may be assigned to coach and guide you. (Optional)
- A sincere commitment of study and time will help you to gain a comprehensive knowledge of a Christian marriage

Use the information below to decide on topics for your sessions. Submit all dates in person or by email to the counselor within 7 days after Session 1.

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| Session 1: Unity Prayer, Overview and Completion of Questionnaire, Homework and Unity Prayer | Date: Saturday, 4/9/2017 @ 4:30 p.m. |
| Session 2: What the Word of God Says About Marriage? --Questionnaire Homework | Date: Saturda5, 4/23/2017 @ 4:30 p.m. |
| Session 3: Role of Husband / Role of Wife in Marriage, Communication Homework Review | Date: Friday @ 4/29/2017 @ 6:00 p.m. |
| Session 4: Questionnaire -- Dating After Marriage Turn in Mission Statement – 3-Year Plan | Date: Saturday, 5/6/2017 @ 1:00 p.m. |
| Session 5: Finances / Budget / Money Matters -- Questionnaire Turn in Budget | Date: Friday, 5/2/2017 @ 5:00 p.m. |
| Session 6: Making Love Last Forever -- Questionnaire Turn in Dating Calendar (September, October, & November) | Date: Saturday, 5/10/2017 @ 1:00 p.m. |
| Session 7: Understanding Your Man / What Wives Wish Their Husband | Date: Saturday, 5/17/2017 @ 1:00 p.m. |
| Session 8: Session with Groom on Physical Exam / Other Topics | Date: Saturday, 6/8/2017 @ . 10:30 a.m. |
| Session 9: Session with Bride on Physical Exam / Other Topics | Date: Saturday, 6/8/2017 @ 6:00 p.m. |
| Session 10: Sharing Individual Sessions, Marriage Vows, Wrap-up Turn in Church Preference for attendance or membership. | Date: Saturday, 6/22/2017 @ 1:00 p.m. |

Choose 1 Topic per Session:

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| Anger | Joy of Sex |
| Bible and Marriage | Mission and Vision Statements |
| Children / Blended Families | Living in the Will of God |
| Communication | Love is a Decision (Smalley) |
| Dating after Marriage | Praying Wife |
| Divorce | Praying Husband |
| Education | Recreational Activities |
| Expectations | Husband, Wife, and Children, What God Requires |
| Finance / Budget / Money Matters | Seven Habits of Highly Effective People / Couples |
| Friends | Spiritual Leaders – God’s Office for Husbands |
| Genograms | Spirituality and Faith – Getting Active in Church |
| Healthy Lifestyles | Understanding Your Man (Smalley) |
| Household Responsibilities | Wedding Vows |
| In-laws / Relationships with Relatives | What is Marriage? |
| Making Love Last Forever (Smalley) | What Wives Wished Husbands Knew about Women |

Format of each session:

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| ♥ Unity Prayer | ♥ Dialogue |
| ♥ Topic(s) | ♥ Assignment for next session |
| ♥ Review of Homework | ♥ Unity Prayer |